

## MIDDLE SCHOOL LUNCH MENU

Lunch Prices  
Paid: \$2.85  
Reduced: \$0.40

MON	TUES	WED	THURS	FRI
<b>Orange Chicken</b> <sup>3</sup> with Brown Rice  Peaches Steamed Broccoli Grape Tomatoes	<b>Pulled Pork Sandwich</b> <sup>4</sup> with Pineapple Salsa   Mixed Fruit Waffle Fries Cucumbers	<b>Chicken Mashed Potato</b> <sup>5</sup> Bowl with Gravy & a Biscuit  Banana Corn Celery	<b>School Closed</b> <sup>6</sup>	<b>School Closed</b> <sup>7</sup>
<b>School Closed</b> <sup>10</sup> <b>Featuring Grab &amp; Go LTO</b> <b>Asian Chicken Salad</b> Romaine, Mandarin Oranges, Chicken, Chow Mein Noodles, Sesame Dressing & Flatbread 	<b>Waffle Bar (v)</b> <sup>11</sup> with Sausage  Mixed Fruit Tater Tots Cucumbers	<b>Grilled Cheese with</b> <sup>12</sup> Bacon   Banana Corn Celery	<b>Spicy Nashville</b> <sup>13</sup> Chicken Sandwich  Apple Slices Curly Fries Fresh Broccoli	<b>Pork Carnitas</b> <sup>14</sup> Tacos  Pears Black Beans Green Pepper Strips
<b>General Tso Chicken</b> <sup>17</sup> with Brown Rice  Peaches Steamed Broccoli Grape Tomatoes	<b>Half Day</b> <sup>18</sup>	<b>Sausage, Egg &amp; Cheese</b> <sup>19</sup> Potato Breakfast Bowl   Banana Black Beans Celery	<b>Chicken Gyro</b> <sup>20</sup> with Tzatziki Sauce  Apple Slices Crinkle Cut Fries Fresh Broccoli	<b>Stuffed Breadstick Trio</b> <sup>21</sup> with Marinara Sauce (v)
<b>Chicken Drumstick</b> <sup>24</sup> with Mashed Potatoes & a Biscuit  Peaches Corn Grape Tomatoes	<b>Chicken Parmesan</b> <sup>25</sup> Sandwich  Mixed Fruit Crinkle Cut Fries Cucumbers	<b>Mac &amp; Cheese with</b> <sup>26</sup> Sriracha Drizzle (v) and Popcorn Chicken  Banana Steamed Broccoli Celery	<b>French Toast Sticks</b> <sup>27</sup> (v) with Sausage  Apple Slices Tater Tots Fresh Broccoli	<b>Mozzarella Sticks</b> <sup>28</sup> with Marinara Sauce (v)

### Available Daily

#### Pizza

Plain & Pepperoni

#### Grill

Hamburger  
Cheeseburger  
Chicken Patty  
Spicy Chicken Patty  
Chicken Nuggets

#### Grab & Go

Triple Decker PB&J (v)  
Yogurt Parfait Pack (v)

#### Deli & Salad

May Consist Of:  
Ham or Turkey Sandwich  
Garden, Popcorn Chicken  
or Chicken Caesar Salad

#### Fruits & Veggies

Apples, Oranges  
Raisins & Baby Carrots

#### 100% Fruit Juices

Apple & Orange

#### Milk

Skim White,  
Skim Chocolate,  
Skim Strawberry & 1% White

Menus are subject to  
change without notice.

Powering  
potential.



### Earth Day is April 22<sup>nd</sup>

Celebrate by planting a tree or  
clean up plastic at your local park.  
Get outside to enjoy and appreciate  
our beautiful planet!

A meal includes an entrée, fruit and/or vegetable and choice of milk.

To make a meal, students must select from at least 3 different food groups.

At least 1 item must be a ½ cup of fruit or ½ cup of vegetable.

Meals without a fruit or vegetable, will be charged a la carte pricing.

### Limited Time Offer: Asian Chicken Salad

For nutritional information,  
visit <https://bethpa.nutrislice.com/menu/>

For more information,  
visit us online at: <https://www.basdschools.org/dining>

**aramark**  
STUDENT  
NUTRITION

This institution is an  
equal opportunity provider.



(v) = lacto-ovo vegetarian  
may contain milk and/or eggs