

Bethlehem Area School District
Elementary Lunch Menu

October 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 A: Cheese Pizza* B: BBQ Pork Sandwich Peaches, Yellow Corn, Baby Carrots, Choice of Milk	2 A: Cheese Pizza* B: BBQ Pork Sandwich Peaches, Yellow Corn, Baby Carrots, Choice of Milk
5 Meal Kit Monday (See Separate Menu)	6 A: French Toast Sticks with Syrup and Sausage B: Cheeseburger on a Bun Applesauce, Green Beans, Baby Carrots, Choice of Milk	7 A: French Toast Sticks with Syrup and Sausage B: Cheeseburger on a Bun Applesauce, Green Beans, Baby Carrots, Choice of Milk	8 A: Personal Pizza* B: Chicken Patty Sandwich Peaches, Yellow Corn, Baby Carrots, Choice of Milk	9 A: Personal Pizza* B: Chicken Patty Sandwich Peaches, Yellow Corn, Baby Carrots, Choice of Milk
12 Meal Kit Monday (See Separate Menu)	13 A: Mozzarella Sticks with Marinara* B: Chicken Nuggets with a Fresh Baked Roll Pears, Baked Beans, Baby Carrots, Choice of Milk	14 A: Mozzarella Sticks with Marinara* B: Chicken Nuggets with a Fresh Baked Roll Pears, Baked Beans, Baby Carrots, Choice of Milk	15 A: Cheese Pizza* B: Ham and Cheese Sub Mixed Fruit, Green Peas, Baby Carrots, Choice of Milk	16 A: Cheese Pizza* B: Ham and Cheese Sub Mixed Fruit, Green Peas, Baby Carrots, Choice of Milk
19 Meal Kit Monday (See Separate Menu)	20 A: Ham and Cheese Melt on a Pretzel B: Chicken Nuggets with a Fresh Baked Roll Applesauce, Green Beans, Baby Carrots, Choice of Milk	21 A: Ham and Cheese Melt on a Pretzel B: Chicken Nuggets with a Fresh Baked Roll Applesauce, Green Beans, Baby Carrots, Choice of Milk	22 A: Personal Pizza* B: Chicken Patty Sandwich Peaches, Yellow Corn, Baby Carrots, Choice of Milk	23 A: Personal Pizza* B: Chicken Patty Sandwich Peaches, Yellow Corn, Baby Carrots, Choice of Milk
26 Meal Kit Monday (See Separate Menu)	27 A: Chicken Nuggets with a Fresh Baked Roll B: PBJ Uncrustable with String Cheese and Goldfish* Pears, Baked Beans, Baby Carrots, Choice of Milk	28 A: Chicken Nuggets with a Fresh Baked Roll B: PBJ Uncrustable with String Cheese and Goldfish* Pears, Baked Beans, Baby Carrots, Choice of Milk	29 A: Cheese Pizza* B: Mummy Dogs (Corn Dog) Mixed Fruit, Green Peas, Baby Carrots, Choice of Milk	 A: Cheese Pizza* B: Mummy Dogs (Corn Dog) Mixed Fruit, Green Peas, Baby Carrots, Choice of Milk

Daily Choices

NOW AVAILABLE DAILY: Entrée C: Pretzel and Yogurt with String Cheese

Milk: Skim Chocolate, 1% White

* = Lacto-Ovo Vegetarian entree, may contain milk and eggs

Meal Kit Mondays

Stop by one of the schools listed below between 10:00am and 11:30am to pick up a kit containing breakfast and lunch meals for 3 days: Donegan, Fountain Hill, Marvine, Broughal, Northeast. Meals will be charged to student accounts. See Monday Meal Distribution menu.

Meals are free for all students!

Five food groups are offered at lunch: protein, grain, vegetable, fruit and milk. To make a meal, students must select foods from at least 3 different food groups. At least one item must be a ½ cup fruit or ½ cup vegetable. Meals without a fruit or vegetable will be charged a la carte pricing.

For more information, visit us online at:
<https://www.badschools.org/dining>

Menus are subject to change without notice.
This institution is an equal opportunity provider.

