# Bethlehem Area School District Elementary Breakfast Menu

## October 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All K	AT FRE	#eatwellk12	French Toast Benefit Bar Peaches, Apple Juice	Peaches, Apple Juice
5 Meal Kit Monday (See Separate Menu)	Cinnamon Poptart with String Cheese Peaches, Apple Juice	7 Cinnamon Poptart with String Cheese Peaches, Apple Juice	8 Chocolate Muffin with Animal Crackers Mixed Fruit, Apple Juice	9 Chocolate Muffin with Animal Crackers Mixed Fruit, Apple Juice
Meal Kit Monday (See Separate Menu)	13 Strawberry Poptart with Animal Crackers  Applesauce, Apple Juice	14 Strawberry Poptart with Animal Crackers Applesauce, Apple Juice	Cherry Frudel Peaches, Apple Juice	16 Cherry Frudel Peaches, Apple Juice
19 Meal Kit Monday (See Separate Menu)	20 Strawberry Mini Bagels Pears, Apple Juice	21 Strawberry Mini Bagels Pears, Apple Juice	22 Chocolate Chip Breakfast Bar Applesauce, Apple Juice	23 Chocolate Chip Breakfast Bar Applesauce, Apple Juice
26 Meal Kit Monday (See Separate Menu)	Fudge Poptart with Animal Crackers Peaches, Apple Juice	Fudge Poptart with Animal Crackers Peaches, Apple Juice	Apple Frudel Pears, Apple Juice	Apple Frudel Pears, Apple Juice

#### **Available Daily**

• Milk: Skim Chocolate, 1% White

All breakfast items offered on this menu are lacto-ovo vegetarian (may contain milk and eggs).

#### **Meal Kit Mondays**

Stop by one of the schools listed below between 10:00am and 11:30am to pick up a kit containing breakfast and lunch meals for 3 days: Donegan, Fountain Hill, Marvine, Broughal, Northeast. Meals will be charged to student accounts. See Monday Meal Distribution menu.

### Meals are free for all students!

A meal includes entrée, up to two fruit servings and choice of milk. To make a meal, students must select 3 or 4 items. At least one item must be a ½ cup fruit or 4 oz fruit juice. Meals without a fruit will be charged a la carte pricing.

For more information, visit us online at: https://www.basdschools.org/dining

Menus are subject to change without notice. This institution is an equal opportunity provider.

