

Winter Walking Safety

Footwear is Important



- ❄️ **Rubber soled shoes or boots are less likely to slip on icy surfaces than leather soled shoes or high heels.**
- ❄️ **Worn out soles increase the hazard of slips. Wear footwear with maximum traction.**
- ❄️ **Carry your dress shoes; wear your boots! Think safety BEFORE fashion.**
- ❄️ **Watch your footing when getting out of your vehicle. Walk slowly and defensively.**
- ❄️ **Consider storing rock salt or cat litter inside your car in case you need to sprinkle an icy area to increase traction as you walk towards a dry area.**
- ❄️ **Consider purchasing and wearing “ice cleats” to put over your footwear. This light weight, slip-on accessory is worn on the bottom of your shoes / boots to enhance traction in the snow and ice. Or wear a cotton sock over your shoes to safely walk over icy surface.**

