

## **BASD Guidelines for When Students or Staff are Sick**

### **BASD General Guidelines for when to stay home from school**

Children and adults with the symptoms listed below should be excluded until symptoms improve or a healthcare provider has determined that the child can return:

- Oral temperature: 100 degrees F or higher. Until 24 hours fever free without the use of fever reducing medication.
- Diarrhea: Until 24 hours after diarrhea stops or until a medical exam indicates that it is not due to a communicable disease. Diarrhea is defined as an increased number of stools compared with a child's/adult's normal pattern, along with decreased stool form and/or stools that are watery, bloody, or contain mucus.
- Vomiting: Until 24 hours after vomiting stops, unless determined to be caused by a noncommunicable condition and the child is not in danger of dehydration.
- Mouth Sores with Drooling: Until a medical exam indicates the child/adult may return or until sores have healed.
- Rash with Fever or Behavior Change: Until a medical exam indicates these symptoms are not those of a communicable disease that requires exclusion.
- Eye Drainage: When purulent (pus) drainage and/or fever or eye pain is present or until a medical exam indicates that a child/adult may return.
- ***Parents should provide a note upon their child's return to school.***

### **BASD General Guidelines to allow a student to return to the school**

Children and adults should return to school when:

- The child/adult has not had a fever (and is not using fever-reducing medicine) for at least 24 hours.
- Fever with a new rash has been evaluated by a healthcare provider and fever has resolved.
- Uncovered skin sores are crusting, and the child/adult is under treatment from a provider.
- Vomiting has resolved overnight and the child/adult can hold down food /liquids in the morning.
- Diarrhea has improved, the child/adult is no longer having accidents or is having bowel movements no more than 2 above normal per 24-hour period. Bloody diarrhea should be evaluated by a healthcare provider prior to return.
- Respiratory virus symptoms are getting better overall for at least 24 hours

Center for Disease Control (CDC) Guidelines for When Students or Staff are Sick can be located at:  
<https://www.cdc.gov/orr/school-preparedness/infection-prevention/when-sick.html>