

Daily Symptom Monitoring

Please complete this checklist on a daily basis with your child to monitor for symptoms of COVID-19.

Has your child been recently been exposed to anyone with a confirmed case of COVID-19?

If yes, the student should stay home from school UNLESS they are:

- Over the age of 12 and have received all CDC recommended COVID-19 vaccine doses, including boosters if eligible and additional primary shots from some immunocompromised people.
- Between the ages of 5-11 years old and have completed the primary series of COVID-19 vaccines, including additional primary shots for some immunocompromised people.
- Previously diagnosed with COVID-19 within the last 3 months and does not have symptoms.

If a student does not meet any of the above criteria, the student can return to school 5 days after the last time that they had close contact with someone diagnosed with COVID-19 and continue to wear a mask through day 10.

Column A If you checked 1 or more symptoms, student should stay home from school	Column B If you checked 2 or more symptoms, student should stay home from school	
<input type="checkbox"/> Fever (100°F or higher) <input type="checkbox"/> Cough <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Difficulty breathing <input type="checkbox"/> Nausea or vomiting <input type="checkbox"/> Diarrhea <input type="checkbox"/> Lack of smell or taste (without congestion)	<input type="checkbox"/> Sore throat <input type="checkbox"/> Chills <input type="checkbox"/> Muscle pain	<input type="checkbox"/> Headache <input type="checkbox"/> Congestion or runny nose <input type="checkbox"/> Fatigue

1 For a current list of symptoms see CDC’s website: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

2 The temperature considered a fever during screening differs based on how temperature is taken. Any fever reported by an employee, even if no thermometer was used, should be considered as symptomatic

Exclusion From and Return to School Requirements

Scenario	Exclude from School	Return to School After...
#1 No Symptoms	No	Not applicable
#2 COVID-19 symptoms	Yes	<p>Individual should be tested for COVID-19</p> <ul style="list-style-type: none"> ➤ If test is negative, return to school when they meet the normal criteria to return after illness. ➤ If test is positive, follow return to school guidance for scenario #3 ➤ If child is not tested and they are not a close contact of someone with COVID, return to school when fever free (without medication) and symptom free for 48 hours or after a clinician has evaluated the child and documented an alternative diagnosis and confirmed that the student can return to school.
#3 Positive COVID-19 PCR test with symptoms	Yes	<p><i>Patients with mild to moderate illness who are not severely immunocompromised:</i></p> <ul style="list-style-type: none"> ✓ At least 5 days have passed since symptoms first appeared and ✓ At least 24 hours have passed since last fever without the use of fever-reducing medications and ✓ Symptoms (e.g., cough, shortness of breath) have improved. ✓ Must continue to wear a well-fitting mask through day 10. <p><i>Patients with severe to critical illness or who are severely immunocompromised:</i></p> <ul style="list-style-type: none"> ✓ At least 10 days have passed since symptoms first appeared and ✓ At least 24 hours have passed since last fever without the use of fever-reducing medications and ✓ Symptoms (e.g., cough, shortness of breath) have improved.
#4 Positive COVID-19 PCR test without symptoms	Yes	<p><i>For patients who are not severely immunocompromised:</i></p> <ul style="list-style-type: none"> ✓ 5 days have passed since the date of their first positive viral diagnostic test. ✓ Must continue to wear a well-fitting mask through day 10.

		<ul style="list-style-type: none"> ✓ If symptoms develop during 10 days, follow return to school guidance for scenario #3 <p><i>For patients who are severely immunocompromised:</i></p> <ul style="list-style-type: none"> ✓ 10 days have passed since the date of their first positive viral diagnostic test.
#5 Close contact of COVID with symptoms	Yes	<p>Individual should be tested for COVID-19</p> <ul style="list-style-type: none"> ➤ If the student is tested and receives a negative test result but they are symptomatic, they should still be treated as a probable case and follow the return to school guidance for scenario #3. ➤ If test result is positive, follow return to school guidance for scenario #3. ➤ If child is not tested, they are considered a probable case and should remain excluded from school until 5 days after symptoms appeared. Must continue to wear a mask through day 10. <p>*For individuals with COVID-19 who cannot isolate from their household members, the household members' quarantine period begins when the case is no longer infectious.</p>
#6 Close contact of COVID without symptoms- Unvaccinated or Partially Vaccinated AND either the positive individual or contact were unmasked	Yes	<ul style="list-style-type: none"> ➤ Return to school 5 days after the last time that they had close contact with someone diagnosed with COVID-19 if no symptoms were reported during daily monitoring. ➤ Must continue to wear a well-fitting mask through day 10. ➤ Symptom monitoring should continue for 10 days. If symptoms develop during 10 days, follow return to school guidance for scenario #5. ➤ Individual should be tested at least 5 days after close contact with someone with COVID-19.

		*For individuals with COVID-19 who cannot isolate from their household members, the household members' quarantine period begins when the case is no longer infectious.
#7 Close contact of COVID without symptoms- Unvaccinated or Partially Vaccinated AND both contact and positive individual were appropriately masked farther than 3 feet apart *This excludes teachers, non-students and classroom staff.	No	<ul style="list-style-type: none"> ➤ Individual can attend school as long as they remain asymptomatic. ➤ Wear a well-fitting mask for 10 full days. ➤ Symptom monitoring should continue for 10 days. If symptoms develop during 10 days, follow return to school guidance for scenario #5. ➤ Individual should be tested at least 5 days after close contact with someone with COVID-19.
#8 Close contact of COVID without symptoms- Up to Date Vaccinations 5-11 year olds: received final dose in primary series at least 2 weeks prior. Over 12 years of age: immediately after getting 1 st booster	No	<ul style="list-style-type: none"> ➤ Individual can attend school as long as they remain asymptomatic. ➤ Wear a well-fitting mask for 10 full days. ➤ Symptom monitoring should continue for 10 days. If symptoms develop during 10 days, follow return to school guidance for scenario #5. ➤ Individual should be tested at least 5 days after close contact with someone with COVID-19.
#9 Close contact of COVID without symptoms who was previously diagnosed with COVID-19 in the last 3 months.	No	<ul style="list-style-type: none"> ➤ Individual can attend school as long as they remain asymptomatic.